



Check www.bufordcityschools.org/nutrition for updated menus. Choice of Milk offered daily. Menus subject to change.

"This is an equal opportunity provider."



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Mini Corn Dogs
Pizza
PB & J Box
Green Beans
Broccoli & Carrot Cup
Choice of Fruit

2

Tuesday

Chicken Alfredo w/ Breadstick
Toasted Turkey & Cheese
Yogurt Smoothie
Broccoli
Fresh Romaine Salad
Choice of Fruit

3

Wednesday

Oven Fried Chicken w/ Biscuit
Buffalo Chicken Pizza
Chicken Tender Salad
Mashed Potatoes
Celery & Tomato Cup
Choice of Fruit

4

Thursday

Beef Nachos w/ Queso
Cheese Sticks w/ Marinara
Yogurt Parfait
Black Beans
Bell Pepper & Cucumber Cup
Choice of Fruit

5

Friday

NO SCHOOL

6

NO SCHOOL

9

Walking Taco w/ Queso & Doritos
Chicken Tender w/ Roll
Yogurt Smoothie
Refried Beans
Choice of Fruit

10

Buffalo Chicken Sliders
Pizza
Cobb Salad
Waffle Fries
Celery & Tomato Cup
Choice of Fruit

11

EARLY RELEASE
Chicken Sandwich
Broccoli Tops
Carrots
Chips
Fruit

12

EARLY RELEASE
Corn Dogs
Celery
Carrots
Chips
Fruit

13

Pancakes & Sausage Links
Pizza
Protein Pack
Hash Browns
Broccoli & Carrot Cups
Choice of Fruit

16

Beef Burrito Bowl w/ Rice
Turkey & Cheese Roll Up
Yogurt Smoothie
Broccoli
Fresh Romaine Salad
Choice of Fruit

17

BBQ Sandwich
Buffalo Chicken Pizza
Chicken Tender Salad
Baked Beans
Bell Pepper & Cucumber Cups
Choice of Fruit

18

Chicken Nachos w/ Queso
PB&J Box
Yogurt Parfait
Sweet Potato Tots
Celery & Tomato Cups
Choice of Fruit

19

Spicy Tenders w/ Roll
Pizza
Protein Pack
Green Beans
Fresh Romaine Salad
Choice of Fruit

20

Orange Sriracha Chicken
Pizza
Protein Pack
Broccoli
Fresh Romaine Salad
Choice of Fruit

23

Cowboy Nachos w/ Queso
Calzone w/ Marinara
Yogurt Smoothie
Refried Beans
Broccoli & Carrot Cups
Choice of Fruit

24

Chicken & Waffles
Buffalo Chicken Pizza
Boneless Wing Salad
Green Beans
Celery & Tomato Cups
Choice of Fruit

25

Turkey, Bacon & Swiss Sub
Boneless Wings w/ Doritos
Yogurt Parfait
Sweet Potato Tots
Fresh Romaine Salad
Choice of Fruit

26

Beef Taco
Pizza
Protein Pack
Corn
Bell Pepper & Cucumber Cups
Choice of Fruit

27

Mini Corn Dogs
Pizza
PB & J Box
Green Beans
Broccoli & Carrot Cups
Choice of Fruit

30

Chicken Alfredo w/ Breadstick
Toasted Turkey & Cheese
Yogurt Smoothie
Broccoli
Fresh Romaine Salad
Choice of Fruit

31

