



Updated menus are available at <http://www.bufordcityschools.org/departments/nutrition>.  
Choice of milk offered daily.  
Menus subject to change.  
"This institution is and equal opportunity provider."



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

### Monday



### Tuesday



### Wednesday

NO SCHOOL

### Thursday

1  
Beef Nachos  
PB&J Box  
Fiesta Salad Bar w/ Roll  
Corn  
Choice of Fruit

### Friday

2  
3  
Wings w/ Roll  
Cheese & Pepperoni Pizza  
Pasta Salad Bar w/ Roll  
Baked Beans  
Choice of Fruit

6  
Mini Corn Dogs  
Cheese & Pepperoni Pizza  
Greek Salad Bar w/ Roll  
Corn  
Choice of Fruit

7  
Chicken Sandwich  
Chicken Alfredo  
Cobb Salad Bar w/ Roll  
Green Beans  
Choice of Fruit

8  
BBQ Sandwich  
Cheese & Pepperoni Pizza  
Chop Salad Bar w/ Roll  
Baked Beans  
Choice of Fruit

9  
Burrito Bowl  
Pizza Crunchers  
Fiesta Salad Bar w/ Roll  
Roasted Baby Carrots  
Choice of Fruit

10  
Oven Fried Chicken w/ Roll  
Cheese & Pepperoni Pizza  
Pasta Salad Bar w/ Roll  
Mashed Potatoes  
Choice of Fruit

13  
Pancakes & Sausage  
Cheese & Pepperoni Pizza  
Greek Salad Bar w/ Roll  
Hash Browns  
Choice of Fruit

14  
Orange Sriracha Chicken  
Teriyaki Chicken  
Cobb Salad Bar w/ Roll  
Edamame Succotash  
Choice of Fruit

15  
Lasagna w/ Roll  
Cheese & Pepperoni Pizza  
Chop Salad Bar w/ Roll  
Cheesy Broccoli  
Choice of Fruit

16  
Chicken Nachos  
PB&J Box  
Fiesta Salad Bar w/ Roll  
Pinto Beans  
Choice of Fruit

17  
Chicken Tenders w/ Roll  
Cheese & Pepperoni Pizza  
Pasta Salad Bar w/ Roll  
Sweet Potato Fries  
Choice of Fruit

20  
Pork Carnitas  
Cheese & Pepperoni Pizza  
Greek Salad Bar w/ Roll  
Corn  
Choice of Fruit

21  
Chicken Tetrazzini w/ Roll  
Buffalo Chicken Flatbread  
Cobb Salad Bar w/ Roll  
Green Beans  
Choice of Fruit

22  
Sloppy Joes  
Cheese & Pepperoni Pizza  
Chop Salad Bar w/ Roll  
French Fries  
Choice of Fruit

23  
Philly Cheese Steak  
Toasted Ham & Cheese  
Fiesta Salad Bar w/ Roll  
Sweet Potato  
Choice of Fruit

24  
Spaghetti & Meatballs  
Cheese & Pepperoni Pizza  
Pasta Salad Bar w/ Roll  
Broccoli  
Choice of Fruit

27  
Turkey & Cheese Ciabatta  
Cheese & Pepperoni Pizza  
Greek Salad Bar w/ Roll  
Green Beans  
Choice of Fruit

28  
Hamburger  
Beef Hot Dog  
Cobb Salad Bar w/ Roll  
Cheesy Broccoli  
Choice of Fruit

29  
Chicken & Waffles  
Cheese & Pepperoni Pizza  
Chop Salad Bar w/ Roll  
Roasted Sweet Potatoes  
Choice of Fruit

30  
Beef Nachos  
PB&J Box  
Fiesta Salad Bar w/ Roll  
Corn  
Choice of Fruit

31  
**Early Release**  
Corn Dog  
Baby Carrots  
Broccoli  
Sliced Apples